

Chikopi & Ak-O-Mak Open Water 10K and 3K Swim Race



Chikopi & Ak-O-Mak Open Water Swim

Date: August 9, 2008

Check In: 12-1:30PM
Race Start: 2:00PM

Location:

Chikopi & Ak-O-Mak
Ahmic Lake
Magnetawan, Ontario

Race Winter Contact:

Bob Duenkel
2132 N.E. 17 Terrace
Ft. Lauderdale, FL 33305 USA
Phone: 954-566-8235
Fax: 954-566-3951
Email: campchikopi@aol.com

Race Summer Contact:

after May 15th
Camp Chikopi
373 Chikopi Road
Magnetawan, ON P0A 1P0
Phone: 705-387-3811
Fax: 705-387-4747
Email: campchikopi@aol.com
Website: www.campchikopi.com

Ak-O-Mak:

Email: diyoung@sympatico.ca
Website: www.campakomak.com



10K Race

- Open Division (any age)

- Masters Divisions

3K Age Group Race

- 10 & Under Boys & Girls
 - 11-13 Boys & Girls
 - 14-15 Boys & Girls
 - 16-17 Boys & Girls
- 18-24 Men & Women
- Masters Divisions Men & Women

Saturday August 9, 2008

Entry Fee: \$30 per Swimmer (taxes included)

Check In: 12-1:30PM

Race Start: 2:00PM

**Location: Camp Chikopi & Camp Ak-O-Mak
Ahmic Lake, Magnetawan, Ontario Canada**

BBQ Included with Entry Fee

Race Director: Bob Duenkel

1987, 1988 & 1989 USA Open Water Swim Coach